

ALL BREAKFAST INCLUDE A POT OF TEA FOR ONE, A CUP OF FILTERED COFFEE OR A GLASS OF FRUIT JUICE

THE FT BREAKFAST

LOCAL BUTCHERS SAUSAGE, SMOKED BACON, FIELD MUSHROOM, CONFIT TOMATO, HOMEMADE HASH BROWN, BAKED BEANS, CHEFS BREAD, AND YOUR CHOICE OF EGG. -£10 **DOUBLE UP** +£4.50

THE FT VEGGIE BREAKFAST

SWEET POTATO & FENNEL CAKE, FIELD MUSHROOM, CONFIT TOMATO, HOMEMADE HASH BROWN, BAKED BEANS, SPINACH, CHEFS BREAD AND YOUR CHOICE OF EGG. -£10

SHERINGHAM SMOKEHOUSE SMOKED HADDOCK

SPINACH, POACHED EGG AND HOLLANDAISE SAUCE. -£10

FT EGGS BENEDICT

SMOKED BACON, POACHED EGG, HOLLANDAISE SAUCE ON A BREAKFAST MUFFIN. -£9

FT EGGS ROYALE

SHERINGHAM SMOKEHOUSE SMOKED SALMON, POACHED EGG, HOLLANDAISE SAUCE ON A BREAKFAST MUFFIN. -£9

FT EGGS FLORENTINE

SPINACH, POACHED EGG, HOLLANDAISE SAUCE ON A BREAKFAST MUFFIN -£9

CATCH OF THE DAY BENEDICT

POACHED EGG, SCALLIONS, HOLLANDAISE SAUCE ON A BREAKFAST MUFFIN -£10

SHERINGHAM SMOKEHOUSE SMOKED FISH KEDGEREE

CRISPY POACHED EGG -£9

FRUIT WAFFLES

FRESH FRUIT COMPOT, WHIPPED CREAM AND MAPLE SYRUP -£6

BREAKFAST CIABATTA

CHOICE OF BACON OR SAUSAGE (SEE ADD ONS) -£6

KIDS FT BREAKFAST

BACON, SAUSAGE, CHEFS BREAD AND YOUR CHOICE OF EGG -£6

TOAST

WITH BUTTER - f_2

ADD ONS -£1.50

BACON, SAUSAGE, EGG, HOMEMADE HASH BROWN, BAKED BEANS, SWEET POTATO & FENNEL CAKE, BLACK PUDDING, JAM OR MARMALADE

FISHMONGERS TAVERN



<u>MAIN MENU</u> 12-2.30. 5.30 - 8.30 <u>NIIBBLES</u>

CHEFS HOMEMADE BREADS, PESTO, MARINATED OLIVES, BALSAMIC & OLIVE OIL TO SHARE £6 (DF)

STARTERS

CHEFS SOUP OF THE DAY WITH IN HOUSE BAKED BREAD - £7 (VE,DF)

GOLDEN BRIE WEDGES, BACON JAM, PICKLED SALAD OF PICKLED CHILLI AND SHALLOTS -£8

CRUNCHY CAULIFLOWER WINGS, BANG BANG SAUCE, SPRING ONION SALAD -£8

BUTTERMILK FRIED CHICKEN WINGS, TONKATSU SPICED SAUCE, ON CRISPY ASIAN-SLAW SALAD AND BLACK SESAME SEEDS -£8 (GF)

CLASSIC PRAWN COCKTAIL, BLOODY MARIE ROSE SAUCE, CHEFS BREAD - $\pounds 7$

CROMER CRAB CAKE, SMASHED AVOCADO, CURRY SAUCE, CRISPY CHICKPEAS AND CORRIANDER OIL - £9 (GF)

TEMPURA TIGER PRAWN TAILS, SWEET CHILLI SAUCE, DIP, MIXED LEAF - \pounds 7 (*GF*)

SHARING

PLOUGHMANS

CHEDDAR CHEESE, STILTON, HAM, PICKLED ONIONS, APPLES, GHERKINS, CHUTNEY, QUINCE JELLY, SALAD AND CHEFS BREAD. - 1 PERSON £14.

- 2 PERSONS £22

TAVERN MIXED PLATTER

BAKED CAMEMBERT, BUTTERMILK SPICED CHICKEN WINGS, TEMPURA KING PRAWN TAILS, BEEF BRISKET BON BON, CHEFS BREAD AND A SELECTION OF DIPS - £22

SEAFOOD PLATTER

(PLEASE SEE SPECIALS FOR TODAYS SEAFOOD SELECTION)

SALADS

DUO OF DUCK & BLACK PUDDING, WITH STREAKY BACON, CRISPY DUCK EGG, SUNDRIED TOMATOES, ROASTED NEW POTATOES - £16 (GFA, DF)

TAVERNS CEASAR SALAD, PANCETTA, GRIDDLED CHICKEN BREAST, PARMESAN FLAKES, CROUTONS, ANCHOVIES WITH A CREAMY DRESSING - £14.50

CRAYFISH & PRAWN SALAD, BLOODY MARIE ROSE SAUCE, CROUTONS, ROASTED BUTTERED NEW POTATOES - £15

CROMER CRAB SALAD, LEMON AIOLI, ROASTED BUTTERED NEWPOTATOES, CHEFS BREAD -£16 (GF)

MAINS

PAN-FRIED SALMON, HERB ENCRUSTED NEW POTATOES, LOCAL ASPARAGUS, AVOCADO SALSA, CHIVE HOLLANDAISE, PEA PUREE- £18 (GF)

PAN-FRIED COD LOIN, CHORIZO & SMOKED COD CROQUETTE, LOCAL GREENS WITH A LEMON COCKLE BUTTER - £17 (GF)

TAVERNS SEAFOOD LINGUINE, FISH & PRAWNS IN A CHIVE VELOUTE TOPPED WITH A BAKED CRAB MORNAY - f_{19}

REAL ALE BATTERED FISH OF THE DAY (FROM OUR VERY OWN LOCAL FISHMONGERS & SMOKEHOUSE - CA SEAFOODS) HAND CUT CHIP, MUSHY PEAS & CHUNKY TATARE SAUCE - £16 (DF,GFA)

SEASONAL PIE OF THE MOMENT (PLEASE ASK YOUR SERVER) WITH SEASONAL VEGETABLES, MASH OR HAND CUT CHIPS - \pounds 15

PAN SEARED CHICKEN SUPREME, SAUTEED SUMMER GREENS, PEAS, COURGETTE & SAVOY CABBAGE, LEMON & THYME INFUSED PARMENTIER POTATOES, FINISHED WITH GARLIC PESTO CREAM SAUCE- £18 (GF)

MOROCCAN SPICED AUBERGINE & FREEKEH GRAIN TAGINE, CRISPY CHICKPEAS, POMEGRANATE & MINTJEWLED COUS COUS, SIRACHA YOGHURT- £,14 (VE, DF)

VEGAN APPLE WOOD CHEESE, NORFOLK MUSHROOM HASH BURGER, WILD GARLIC AIOLI IN A BRIOCHE BUN, HANDCUT CHIPS, COLESLAW & SALAD £14 (*VE,DF*)

GRILLED

MANOR FARM 80Z SIRLOIN STEAK, HAND CUT CHIPS, IN HOUSE SUN-DRIED TOMATOES, SAUTEED WILD MUSHROOMS & BRAISED SHALLOTS £.28 (GF, DF) ADD BLUE CHEESE SAUCE OR PEPPERCORN - +£3.50

PORK TOMAHAWK, GLAZED IN AN APRICOT OR CHIMMI-CHURRI SAUCE WITH ROASTED HERB ENCRUSTED NEW POTATOES OR GARLIC & PARMESAN CHIPS - £25

TAVERNS 80Z BEEF BURGER, BINHAM BLUE CHEESE, BACON JAM, BRIOCHE BUN, COLESLAW & HAND-CUT CHIPS £15 ADD SPICE BEEF BRISKET - +£3.50

SIDES

PARMESAN & GARLIC CHIPS - £6

CHIPS - £5

CHEESEY GARLIC CIABATTA - $\pounds 5$

SEASONAL GREEN WITH HERB BUTTER- £4.50

ONION RINGS - £4.50

TAVERN SALAD OF OLIVES, SUNDRIED TOMATOES & CRISPY SPICED CHICKPEAS - £4.50



CHEFS SOUP OF THE DAY WITH IN HOUSE BAKED BREAD - £7 (VE,DF)

GOLDEN BRIE WEDGES, BACON JAM, PICKLED SALAD OF PICKLED CHILLI AND SHALLOTS -£8

CRUNCHY CAULIFLOWER WINGS, BANG BANG SAUCE, SPRING ONION SALAD -£8

BUTTERMILK FRIED CHICKEN WINGS, TONKATSU SPICED SAUCE, ON CRISPY ASIAN-SLAW SALAD AND BLACK SESAME SEEDS -£8 (GF)

CLASSIC PRAWN COCKTAIL, BLOODY MARIE ROSE SAUCE, CHEFS BREAD - ± 7

CROMER CRAB CAKE, SMASHED AVOCADO, CURRY SAUCE, CRISPY CHICKPEAS AND CORRIANDER OIL - £9 (GF)

TEMPURA TIGER PRAWN TAILS, SWEET CHILLI SAUCE, DIP, MIXED LEAF - £ 7 (GF)

ROASTS

ROAST STRIP-LOIN OF BEEF, SEASONAL VEGETABLES, ROAST POTATOES, YORKSHIRE PUDDING, MEAT GRAVY -£16 (*DF,GFA*)

ROAST TURKEY BREAST, SEASONAL VEGETABLES, ROAST POTATOES, YORKSHIRE PUDDIING, MEAT GRAVY -£14 (DF,GFA)

SLOW ROASTED LEG OF PORK, CRACKLING, SEASONAL VEGETABLES, ROAST POTATOES, YORKSHIRE PUDDING, MEAT GRAVY -£14 (*DF, GFA*)

THREE MEAT ROAST (BEEF, TURKEY & PORK), SEASONAL VEGETABLES, ROAST POTATOES, YORKSHIRE PUDDING, STUFFING, MEAT GRAVY -£20 (DF,GFA)

PIE & SLICE OF ROAST MEAT, SEASONAL VEGETABLES, ROASTED POTATOES, YORKSHIRE PUDDING, MEAT GRAVY - $_{\pounds}$ 19

SWEET POTATO & MUSHRROM VEGAN NUT LOAF, SEASONAL VEGETABLES, ROAST POTATOES, GRAVY - \pounds 14 (VE,DF)

ADD ONS- PORK STUFFING, CHIPOLATAS, CAULIFLOWER CHEESE -£3.50

SALADS

DUO OF DUCK & BLACK PUDDING, WITH STREAKY BACON, CRISPY DUCK EGG, SUNDRIED TOMATOES, ROASTED NEW POTATOES - £16 (GFA, DF)

TAVERNS CEASAR SALAD, PANCETTA, GRIDDLED CHICKEN BREAST, PARMESAN FLAKES, CROUTONS, ANCHOVIES WITH A CREAMY DRESSING - £,14.50

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SEASONAL PIE OF THE MOMENT (PLEASE ASK YOUR SERVER) WITH SEASONAL VEGETABLES, MASH OR HAND CUT CHIPS -£15

VEGAN APPLE WOOD CHEESE, NORFOLK MUSHROOM HASH BURGER, WILD GARLIC AIOLI IN A BRIOCHE BUN, HAND-CUT CHIPS, COLESLAW & SALAD £14 (VE,DF)

MOROCCAN SPICED AUBERGINE & FREEKEH GRAIN TAGINE, CRISPY CHICKPEAS, POMEGRANATE & MINTJEWLED COUS COUS, SIRACHA YOGHURT- £.14 (VE, DF)

<u>GRILLED</u>

MANOR FARM 80Z SIRLOIN STEAK, HAND CUT CHIPS, IN HOUSE SUN-DRIED TOMATOES, SAUTEED WILD MUSHROOMS & BRAISED SHALLOTS £28 (GF, DF) ADD BLUE CHEESE SAUCE OR PEPPERCORN - +£3.50

TAVERNS 80Z BEEF BURGER, BINHAM BLUE CHEESE, BACON JAM, BRIOCHE BUN, COLESLAW & HAND-CUT CHIPS £15

ADD SPICE BEEF BRISKET - $+ \pounds 3.50$

SIDES

PARMESAN & GARLIC CHIPS - £6

CHIPS - $\pounds 5$

CHEESEY GARLIC CIABATTA - $\pounds 5$

SEASONAL GREEN WITH HERB BUTTER- \pounds 4.50

ONION RINGS - £4.50

TAVERN SALAD OF OLIVES, SUNDRIED TOMATOES & CRISPY SPICED CHICKPEAS - \pounds 4.5